

1:1 Coaching Supervision

A 90-minute, 1:1 supervision session with an executive coach

Delivery Methods:

1. Virtual

Aim

To provide learners with personalised support, address any bad habits in a safe space to address any issues or tricky situations

Who are these courses for?

Suitable for all training and qualified practising coaches.

Benefits for individuals	Benefits for employers and educators
<ul style="list-style-type: none"> • One-to-one session • Identify bad habits • How to maintain balance and objectivity • Delivery is from an accredited executive coach • Clear direction 	<ul style="list-style-type: none"> • Development of individuals can improve their performance and organisational productivity

What progression opportunities are there?

- ILM Level 5 Effective Coaching and Mentoring
- ILM Level 7 Certificate for Executive and Senior Level Coaches and Mentors

Who runs it?

The delivery of the course and principal personal support is run by **Arema Ltd**, which has highly experienced leaders and qualified coaches.