



Andy Mack

Executive Coach



🏠 UK

Language

- English

About Me

Always inspired by people and friends. I love travel, sports and keeping busy. My wife is a great cook so I have to work out regularly to keep the calories off but enjoy the active life.

About Work

I believe that “Brilliant people transform businesses and I work in partnership, coaching individuals and companies to realize that potential.”

I am a qualified ILM 7 Senior coach and mentor, performance-driven and providing a wealth of senior commercial experience across a range of sectors. I offer a natural coaching style, having set up and managed my own start-up health & fitness business for over a decade, combined with executive-level roles in hospitality and hotels (Forte & Granada).

My model is based upon “transformational coaching” working with beliefs, values and needs. It’s about “coaching the person, not the problem.” It’s about performance, communication, “change and results”.